

## Junior Tennis Camps: QuickStart & Advanced

### Advanced Camp

Each camp will have a specific goal for the week. All camps are for levels 1-3\*. Advanced camps will work on every shot, every day.

\*Level 1 -2 Players with some past tennis instruction. Beginners and level 4 players should attend a QuickStart camp first. Level 3 players should check with Andy which Camps will be best for each junior

Snacks are included in each advanced camp!!!!

### Quickstart Camp

This camp is geared toward beginners and younger players (approximately 6-15 years old).

Players will be taught hand-eye coordination, advanced swing patterns on groundstrokes, correct volley technique, serve technique, and developing targeting skills with their shots. The positive environment encourages players of all levels. Reaction Volley and Rally Groundstroke drills as well as point play will allow players to learn in a "live ball" setting. More experienced players will progress to rally and point play throughout the camp.

### Camp Pricing:





**Advanced Camp:** Members: \$175/camp Non-Members: \$195/camp

**Quickstart Camp:** Members: \$100/camp Non-members: \$125/camp

Contact Tennis Desk @ 425-778-3546



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Monday	Tuesday	Wednesday	Thursday	Friday
<b>June 26th</b>  Advanced Camp 3:30pm-6:30pm	<b>June 27th</b>  Advanced Camp 3:30pm-6:30pm	<b>June 28th</b>  Advanced Camp 3:30pm-6:30pm	<b>June 29th</b>  Advanced Camp 3:30pm-6:30pm	
<b>July 10th</b>  Quickstart Camp 2:00pm-3:30pm  Advanced Camp 3:30pm-6:30pm	<b>July 11th</b>  Quickstart Camp 2:00pm-3:30pm  Advanced Camp 3:30pm-6:30pm	<b>July 12th</b>  Quickstart Camp 2:00pm-3:30pm  Advanced Camp 3:30pm-6:30pm	<b>July 13th</b>  Quickstart Camp 2:00pm-3:30pm  Advanced Camp 3:30pm-6:30pm	
<b>July 17th</b>  Quickstart Camp 2:00pm-3:30pm  Advanced Camp 3:30pm-6:30pm	<b>July 18th</b>  Quickstart Camp 2:00pm-3:30pm  Advanced Camp 3:30pm-6:30pm	<b>July 19th</b>  Quickstart Camp 2:00pm-3:30pm  Advanced Camp 3:30pm-6:30pm	<b>July 20th</b>  Quickstart Camp 2:00pm-3:30pm  Advanced Camp 3:30pm-6:30pm	
<b>July 24th</b>  Quickstart Camp 2:00pm-3:30pm  Advanced Camp 3:30pm-6:30pm	<b>July 25th</b>  Quickstart Camp 2:00pm-3:30pm  Advanced Camp 3:30pm-6:30pm	<b>July 26th</b>  Quickstart Camp 2:00pm-3:30pm  Advanced Camp 3:30pm-6:30pm	<b>July 27th</b>  Quickstart Camp 2:00pm-3:30pm  Advanced Camp 3:30pm-6:30pm	
<b>July 31st</b>  Advanced Camp 3:30pm-6:30pm	<b>August 1st</b>  Advanced Camp 3:30pm-6:30pm	<b>August 2nd</b>  Advanced Camp 3:30pm-6:30pm	<b>August 3<sup>rd</sup></b>  Advanced Camp 3:30pm-6:30pm	
<b>August 7th</b>  Advanced Camp 3:30pm-6:30pm	<b>August 8th</b>  Advanced Camp 3:30pm-6:30pm	<b>August 9th</b>  Advanced Camp 3:30pm-6:30pm	<b>August 10th</b>  Advanced Camp 3:30pm-6:30pm	
<b>August 14th</b>  Advanced Camp 3:30pm-6:30pm	<b>August 15th</b>  Advanced Camp 3:30pm-6:30pm	<b>August 16th</b>  Advanced Camp 3:30pm-6:30pm	<b>August 17th</b>  Advanced Camp 3:30pm-6:30pm	