

Harbor Square

ATHLETIC CLUB

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-7:30 AM							
8:00-9:30 AM							
9:30-11:00 AM	<u>Challenge Drills</u> McGinnis Andy	<u>Classic Drills</u> Tierney Andy	<u>Classic Drills</u> Bailey Andy	<u>Emerald Drills</u> Siegrist Andy	<u>Evergreen Drills</u> Yeigh Andy	<u>Breakfast Club</u> Eric	
11:00-12:30 AM/PM	<u>Challenge Drills</u> Vana Andy	<u>Rainier Drills</u> Huff Andy	<u>Stroke Production</u> 3.0 - 4.0 Andy	<u>Emerald Drills</u> Miller Andy	<u>Stroke Production</u> 3.0-4.0 Andy	<u>Beginners</u> 11-12PM Micah	
12:30-2:00 PM							
2:00-3:30 PM							
6:30-8:00 PM	<u>Doubles Strategy</u> 3.0 and up Eric	<u>Skills & Drills</u> 3.0 and up Eric	<u>3.0 Ladies Workout</u> Closed Group Pepe	<u>Beginners</u> 6:30-7:30PM Court 8			
8:00-9:00 PM							

Adult Group Tennis Class Descriptions

Stroke Production:

- Focus: volleys, ground strokes, and serve mechanics
- Skill Level: See schedule level varies days and times
- Cost: Member: \$20 / Non-Member: \$24 (Drop In)

Breakfast Club:

- Focus: Doubles Drills
- Skill Level: 3.0-4.0
- Cost: Member: \$20 / Non-Member: \$24 (Drop In)

CUPS Workouts:

- Focus: **CLOSED WORKOUT**- Team Drills. Talk to Andy if you are interested in playing on a CUPS Team
- Skill Level: Teams 2.5-4.0
- Cost: Member: \$20

Doubles Strategy:

- Focus: Different play patterns & tactical tips
- Skill Level: 3.0 and Up
- Cost: Member: \$20 / Non-Member: \$24 (Drop In)

Skills & Drills:

- Focus: Learning different strokes & specialty shots
- Skill Level: 3.0 and Up
- Cost: Member: \$20 / Non-Member: \$24 (Drop In)

Beginners:

- Focus: Beginner Basics (Thursday's Class will be held on court 8)
- Skill Level: Beginners
- Cost: Member: \$15 / Non-Member: \$15 (Drop In)

3.0 Ladies Workout:

- Focus: **CLOSED WORKOUT**- Team Drilling with Joe
- Skill Level: 3.0
- Cost: Member: \$20 / Non-Member: \$24



JUNIOR PROGRAM

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
9:30-11:00 AM								
11:00-12:30 AM/PM								Pee Wee's and Parents 12-1PM
12:30-2:00 PM								Junior Drop-In 1-2:30PM
3:30-5:00 PM	Level 1	Level 2	Level 1	Level 2	FRIDAY MATCH PLAY			
5:00-6:30 PM	Level 3	Level 4	Level 3	Level 4	FRIDAY MATCH PLAY			



JUNIOR PROGRAM

<p><u>LEVEL 1</u> Advanced High School Varsity/JR Varsity Monday-Thursday 3:30-5:00 PM</p>	<p><u>LEVEL 2</u> Advanced/Intermediate High School/JR Varsity Monday-Thursday 3:30-5:00PM</p>
<p><u>LEVEL 3</u> Beginner-Intermediate Ages 10 and up Monday's/Wednesday's 5:00-6:30 PM</p>	<p><u>LEVEL 4</u> Beginner Ages 6 and up Tuesday's/Thursday's 5:00-6:30 PM</p>

<p><u>Friday Match Play</u> 3:30-6:30 PM Levels 1 and 2 Level 3 Invite Only Snacks Included Instructor: Eric</p>	<p><u>Pee Wee's and Parents</u> Ages 3 to 6 Saturday's 12:00-1:00 PM Instructor: Micah</p>	<p><u>Junior Drop In</u> Levels 1 & 2 Saturday's 1-2:30 PM Instructor: Micah</p>
---	---	---

Level's 1-4 Price:

Member: \$22

Non-Member: \$24

Junior Drop In Price:

Member: \$22

Non-Member: \$24

Friday Match Play: Member: \$36 / Non-Member: \$40 **Pee Wee's:** Member: \$12 / Non-Member: \$18

Harbor  Square
ATHLETIC CLUB
JUNIOR PROGRAM

For questions please call the tennis center at 425-778-3546 X 3