

Harbor Square

ATHLETIC CLUB

Basketball Court Schedule				
Day	Event	Time	Court Usage	
			Full Court	Half Court
Mondays	Red hot dance	9:30am to 10:30am	X	
	Noon hoops	12pm to 2pm	X	
	Private Instruction	3pm to 5:30pm		X
	Shoot around	3pm to 5:30pm		X
	35+ years	5:30pm to 8:30pm	X	
Tuesdays	HIIT	6:15am to 7:10am	X	
	Bootcamp	8:45am to 10:10am	X	
	Private Instruction	3pm to 7:30pm		X
	Shoot around	3pm to 8pm		X
	Pick up games	7pm to 8pm		X
	Pick up games	8pm to 11pm	X	
Wednesdays	Zumba	9:30am to 10:30am	X	
	Private Instruction	3pm to 7pm		X
	Shoot around	3pm to 8pm		X
	Pick up games	7pm to 8pm		X
	Pick up games	8pm to 11pm	X	
Thursdays	HIIT	6:15am to 7:10am	X	
	Bootcamp	8:45am to 10:10am	X	
	Private Instruction	3pm to 7:30pm		X
	Shoot around	3pm to 6:30pm		X
	25+ years	7:30pm to 8:30pm	X	
	Pick up games	8:30pm to 11pm	X	
Fridays	Red hot dance	9:30am to 10:30am	X	
	Noon Hoops	12pm to 2pm	X	
	Private Instruction	3pm to 7pm		X
	Shoot around	3pm to 8pm		X
Saturdays	Pick up games	9am to 12pm	X	
Sundays	Family Hoops	4pm to 4pm	X	