



Harbor Square Smoothie Bar & Eats

SMOOTHIES

KIDS 8-Oz
REGULAR 16-Oz
LARGE 24-Oz

PB&J | mixed berries, banana, peanut butter, yogurt, milk

Peanut Butter Banana | banana, peanut butter, yogurt, milk

Berry Medley | mixed berries, yogurt, milk

Berry Greens | spinach, mixed berries, banana, yogurt, milk

Blueberry Avocado | blueberries, avocado, spinach, banana, milk

Mango Strawberry | mango, strawberry, yogurt, milk

Strawberry Banana | strawberry, banana, yogurt, milk

BUILD YOUR OWN | Choose 1 base & up to 4 fruits or veggies

BASE CHOICES

Whole Milk | Skim Milk | Almond Milk | Oat Milk* | Coconut Water*

ADD ON OPTIONS

Avocado* | Spinach | Peanut Butter | Yogurt | Chocolate Sauce
Banana | Strawberries | Blueberries | Raspberries | Mango

BOOST OPTIONS

Chocolate Vital Protein | Vanilla Vital Protein
Chocolate Whey Protein | Vanilla Whey Protein
Chocolate Plant Based Protein | Vanilla Plant Based Protein
Collagen Peptides

* = additional charge

EATS

GRAB & GO SNACKS

Perfect Bar | Pur Fit Bar | Kind Bar | Banana
Tillamook Cheddar Cheese | String cheese | Nuts | Trail Mix | Pretzels
Beef Jerky | Bagel | Skinny Pop | Sun Chips | Hard Boiled Eggs

GRAB & GO MEALS

Quinoa Burrito | Black Bean Burrito
Protein Box

GRAB AND GO DRINKS

Premier Protein: Chocolate, Vanilla, Coffee, Peanut Butter
Red Bull | Sugar Free Red Bull | Coconut Water
Talking Rain | Gatorade | Apple Juice | Diet Coke

ESPRESSO

Latte | Mocha
Americano | Cappuccino
Drip Coffee | Hot Chocolate | Steamer

TEA

English Breakfast | Chamomile
Premium Green | Peppermint
Earl Gray | Chai Spice

MILK CHOICES Whole Milk | Skim Milk | Almond Milk | Oat Milk*

SYRUP CHOICES Vanilla | Caramel | Hazelnut | Raspberry | Peppermint
Sugar Free Vanilla | Sugar Free Caramel | Sugar Free Hazelnut

SAUCE CHOICES Chocolate | White Chocolate | Caramel