

Harbor Square

ATHLETIC CLUB

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30-11:00 AM	<u>3.5/4.0 Co-Ed Drill</u> Andy	<u>STROKE PRODUCTION</u> Andy	<u>STROKE PRODUCTION</u> Andy	<u>2.5/3.0 Drop In</u> Andy			
11:00-12:30 AM/PM	<u>STROKE PRODUCTION</u> Andy	<u>WEAPON DEVELOPMENT</u> Andy	<u>OFFENSE/ DEFENSE</u> Andy	<u>STROKE PRODUCTION</u> Andy			
12:30-2:00 PM							
6:30-8:00 PM							

Adult Group Tennis Class Descriptions

STROKE PRODUCTION:

- Group Stroke/Volley/Serve/Return of Serve
- Ball Machine/Target: Doubles Drills
- Cost: Member: \$28/Non-Member: \$32 (Drop In) PLUS TAX

WEAPON DEVELOPMENT:

- How to set up points/gain advantage/finish points
- Serve tactics/Return of serve targets/Finishing at the net
- Doubles Drills
- Cost: Member: \$28Non-Member: \$32 (Drop In) PLUS TAX

OFFENSE/DEFENSE:

- How to play better offense/Improve defense
- Turn D into O
- Doubles Drills with strategy emphasis
- Cost: Member: \$28Non-Member: \$32 (Drop In) PLUS TAX

2.5/3.0:

- Doubles Drills
- Emphasis on offense/positions/strategy
- Cost: Member: \$28Non-Member: \$32 (Drop In) PLUS TAX

For more information please contact Andy Jansen at Andy@harborsquare.com