



# 2024 Future Stars Junior Tennis Camp



## Harbor Square Athletic Club

This camp is geared toward beginners and younger players. (approximately 6-13 years old)

### Competitive Drills

**Strategy:** Singles and doubles strategies. Including positioning, high percentage tennis, different styles of play and how to defend against them.

**Technique and stroke production:** Hand eye coordination, grips. All strokes are covered. Serve, volley, forehand, backhand, overheads.

**Match Play:** Singles and doubles. Learn Tiebreakers and regular set scoring.

**Workouts:** Cardio, balance and agility, footwork drills.

SESSION 1: JUNE 24-27 3:30-5:00 PM

SESSION 2: JULY 8-11 3:30-5:00 PM

SESSION 3: JULY 15-18 3:30-5:00 PM

SESSION 4: JULY 22-25 3:30-5:00 PM

SESSION 5: JULY 29-AUG 1 3:30-5:00 PM

SESSION 6: AUGUST 5-8 3:30-5:00 PM

SESSION 7: AUGUST 12-15 3:30-5:00 PM

SESSION 8: AUGUST 19-22 3:30-5:00 PM

SESSION 9: AUGUST 26-29 3:30-5:00 PM

Cost: 4 day session: \$100/Members \$120/Non-Members

Daily Drop in: \$28/Members \$32/Non-Members

Email: [brock.j.belcher@gmail.com](mailto:brock.j.belcher@gmail.com) or Text (406)422-8271

Club Phone: (425) 778-3546